



Summer 2019  
(Issue 9)



## Whisperings from the Seed

**Little by Little  
Global Giving Campaign  
August 12-16<sup>th</sup>**

(Matching donations up to \$50)

Click on the link and go to  
**DONATIONS.**

<http://www.whisperingseed.org/>

Greetings from Myanmar! We are happy to share several updates with you from Kalaw, as we have had a lot of exciting developments over the past few months.

In March we moved our café and training centre, Sprouting Seeds, to a new central location in downtown Kalaw. This move has been a huge transition for us however we are very happy with our new place, as it has provided large opportunities for our enterprise to grow.

We are also excited to share news about our newest project, Whispering Earth Sustainability Living & Learning Centre, which will be located on our newly acquired 7 acre farm, 12km outside of Kalaw, in a rural Danu and Pa-O village. Currently we are still regenerating the land however in November, we plan to begin building the physical training centre.

Our aim is to raise funds to help; support further trainings in the café, start construction for first buildings on the farm training centre and to purchase a much needed 4x4 vehicle for access into the farm due to its remote location.

We are so thankful for such amazing support from friends and family in Hong Kong, Singapore, USA, Germany and Holland, we could not have done this without your support!!!



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## Sprouting Seeds Café, Bakery, Eco Shop & Yoga Studio Training Centre



We are so pleased with our new location, allowing more space for trainings, interns, new projects and garden space all focused on capacity

building for local youth. Some of these trainings we now provide include; sewing and handiwork (knit & crocheted hats and scarves, bracelets, hand sewn bags, embroidery and fairie lights), yoga for youth in the village and an extension of our natural product line (soaps, shampoo, shampoo bars, lip balms, mosquito repellent, organic teas and soon organic mushrooms). With amazing support from friends in Hong Kong, we received a total of 6 new mountain bikes, which now allows us to work with 2 local trekking guides offering treks around the region and now mountain bike trips into local pine forest and visits to local communities. We also continue to offer our yoga classes daily and amazing cooking classes. In May we had the pleasure of training 35 primary school students in yoga, art and self-

awareness in the village where Whispering Earth Centre is located.

In May we were excited to have Aye Aye Mu, a young girl from a remote area in Shan State, join us to live and learn at Sprouting Seeds project.



Due to the amazing location of the new café, and the great spaces we have we

also have been able to work with the girls in growing a lot of veggies organically here onsite including, tons of basil (yummy fresh pesto), several varieties of lettuce, kale, butterfly peas (for soaps, shampoos & salads), mulberry, tomatoes, edible flowers, squashes and more!!!

We held a solar food drying workshop back in February and are now drying fruits to package and sell as part of our organic tea mixes.

We also had the pleasure of another visit with Ross from Music Seeds International and the girls created another wonderful video;

<https://www.youtube.com/watch?v=dMhRNevNhGI>



# Whispering Earth Sustainability Living & Learning Centre



Tree delivery to farm and ready for planting!



Current mode of transporting materials to farm



Our newest training centre is situated on a beautiful 7 acre farm just 12km from Kalaw. We have had the land for roughly a year and are still focusing on renovating the access road, planting and designing the land and starting to work on design for the first buildings. We aim to start the construction of the first buildings on the land as soon as the rains stop in November.

With the onset of the monsoon season, we have just completed a major tree planting effort of over 600 edible, wild and forest trees! The farm will serve as a training centre for local youth and our network of teacher trainers from around the country to focus on trainings in natural building, sustainable agriculture, teacher trainings, community service projects and our aim to start a small kindergarten and school for local youth.

Our plans for the first year are to start youth empowerment trainings at the farm serving local youth and schools.

Our aim is to raise funds to support the construction and building of the first buildings on the farm, to support more trainings for local capacity building and the purchase of much needed 4x4 vehicle to help with transport in and out to the remote farm project.

We are also ready for onsite volunteers to help both in Sprouting Seeds in town and also to help with new construction at the farm starting in November.

Please check out this wonderful video which shares a little of the vision for the new training centre.

<https://www.youtube.com/watch?v=sBm5PHAc-G0&feature=youtu.be>

